

Irish Girls 125

15 Years of Excellence

Please read the following information carefully and retain for future reference.

Eligibility – (as of FALL semester 2009) One of the following must apply:

- ◆ Recommendation from High School coach
- ◆ Returning Varsity player (or swing JV/V player)
- ◆ Junior or Senior in FALL of 2009
- ◆ 2009 graduate

Note: Camper must have complete set of protective equipment prior to camp, as well as shoes to participate on AstroTurf and grass fields.

Dates: June 8 - 11, 2009

Check-In/Out:

Check-In:

Monday, June 8th at 9:00 a.m.

Check-Out:

Thursday, June 11th at 3:30 p.m.

Camp Hours:

Monday - Thursday, 9:00 a.m. - 3:30 p.m.

Site: Anheuser Busch Center,
1 Soccer Park Rd., Fenton, Missouri 63026

Fees:

Option 1:

Paid in Full \$285 (Prior to March 15)

Paid in Full \$300 (March 15 or after)

Option 2:

\$150 non-refundable deposit with balance of \$150 due at registration.

Option 3:

\$310 online at www.irishlacrosse.com

Housing:

\$100 (players will be placed with host families).

Refund Procedures:

If application is withdrawn for ANY reason up to May 31, a refund of all but \$150 will be made to the applicant (must be in writing). Absolutely no refunds will be given after June 1, 2009.

What to expect at Irish Girls 125

Morning Sessions

These sessions will focus primarily on individual skill development. College coaches will run drills from their programs in an effort to hone skills.

Lunch will be provided every day by Anheuser Busch Center.

Afternoon Sessions

These sessions will build throughout the week, capitalizing on the morning skill development. During team play, campers will focus on unsettled situations. Afternoons will culminate in team scrimmages coached by our staff.

Note: Turf allows us to play in rain. Lightning will suspend play temporarily.

Recruiting Talk

This year one of our college coaches will discuss the recruiting process with the girls (and parents). This coach will go over the way coaches evaluate, contact and see potential players.

This is a great opportunity for anyone interested in playing in college to learn more about the process.

Out of Town Players

There will be host families available for out of town campers. An additional charge of \$100 will be added to those who need housing. Deadline to register for housing is May 30, 2009.

If you are interested in hosting two players for the week of camp, please contact Chris Goudy at Christophergoudy@gmail.com.



Each Camper Receives:

- ◆ Irish Girls 125 T-shirt
- ◆ Irish Lacrosse Camp shorts
- ◆ Irish Lacrosse Camp backpack stick bag
- ◆ Opportunity to win competition prizes and promotional giveaways provided by:



Picture by Nordmann Sports Photography
www.nordmannsports.com

Irish Girls 125 Lacrosse Camp

3219 Pestalozzi St.
St. Louis, MO 63118

Register Online:

www.irishlacrosse.com

**Register Online at irishlacrossecamp.com – or – complete this form and mail to address below.
SIGN UP FORM (please print)**

Name _____ Email _____ Phone _____ HS Graduation Year _____
School _____ US Lacrosse # _____ City _____ State _____ Zip _____
Address _____
Years of high school experience at position to be played at camp: (please select one position only)
Attach _____ Midfield _____ Defense _____ Goalie _____

WAIVER AND RELEASE FORM

Please Read Before Signing

In consideration of being allowed to participate in any way in the Irish Lacrosse camp-related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS THE IRISH LACROSSE CAMP, their officers, agents and/ or employees, other participants sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event (Releases), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE. I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, I FULLY UNDERSTAND ITS TERMS, I UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING THIS FORM, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Applicant's signature (parent/guardian if 17 or under) _____ Date _____

MEDICAL FORM

Allergies _____ Current Medications _____ Date of Last Tetanus Shot _____

Physical Limitations _____

Significant past illness or injury _____

Comments or special problems _____

Camper's insurance carrier and policy number _____

Telephone number where family can be reached while camper is at Irish Lacrosse Camp: (_____) _____

In the event that I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to hospitalize, secure proper treatment for, and to order injection, anesthesia, or surgery for the camper named above.

I CERTIFY THAT I, _____ Camper's Name _____ IS PHYSICALLY FIT TO ACTIVELY PARTICIPATE IN ALL LACROSSE CAMP ACTIVITIES.

Signed _____ (Signature of parent or guardian and address if different from camper's address)

PAYMENT OPTIONS

- Paid in Full \$285.00 (Prior to March 15)
- Paid in Full \$300.00 (March 15 or later)
- \$150.00 Non-refundable deposit with balance of \$150.00 due at registration
- Sign up online at www.irishlacrossecamp.com, \$310.00.
- Check this line if you need housing (Cost is \$100). Roommate request (one name) _____

Make checks payable to: Irish Lacrosse Camp (\$40 fee on returned checks) Mail to: 3219 Pestalozzi, St. Louis, MO 63118

This camp format is the most competitive in both the Midwest and our 15-year history. Combined with an incredible collegiate staff, we look forward to another fantastic summer.

Irish Girls 125

Irish Lacrosse Camps celebrates its 15th summer of great lacrosse. **Irish Girls 125 Lacrosse Camp** was started to give lacrosse players interested in playing in college, or learning about playing in college, an opportunity to do so without traveling out of state. Since we started **Irish** camps in 1995, more than 100 players have gone on to play lacrosse in college.

Irish Lacrosse Camp is inviting the best 125 players in the area to play and learn together at **Irish Girls 125**. This is the best opportunity to be seen by a variety of college coaches, improve your lacrosse skills, learn about the recruiting process, and make the All Star Team.

Recruiting Talk: We will offer a recruiting talk given by an NCAA coach **Wednesday of camp during lunch**. This will cover the entire process, what to expect, and “Do’s and Don’ts.”

Parents are welcome

Camp Director

Kati Robbins — Wittenberg University
Head Coach since 2007
2001 NCAC Women’s Lacrosse Offensive Player of the Year
2 Time Captain at W.U.
2000 Team MVP
4 Time All-NCAC and West Regional All-American

College Staff:

Wittenberg University
Methodist University
Springfield College
Louisville University
University of Notre Dame
Fontbonne University
Missouri Baptist University
Lindenwood University
Regis University
Plus High School Coaches and College Players

Certified Athletic Trainers on staff

For more information about Irish Girls 125

www.irishlacrossecamp.com

Chris Goudy
3219 Pestalozzi
St. Louis, MO 63118
Christophergoudy@gmail.com
314-771-9988

EXCESS INSURANCE:

- Pays covered medical expenses which occur within one year after an accident, to a maximum of \$50,000.
- Covered medical expenses include the reasonable and customary charges for services and supplies such as: treatment and care by a physician, surgeon or registered nurse; hospital confinement or outpatient care; emergency ambulance service; prescribed drugs and medicines on an excess basis over and above any amount(s) paid or payable under any other insurance.
- \$500 per claim deductible.